

# Maharaja Agrasen Medical College, Agroha

## Phase 1: Foundation Course

I MBBS Batch AY 2021

**Abbreviations: OP- Orientation Program, PDE- Professional Development including Ethics,**

**SD- Skill Development, FV- Field Visit and DOAP- Demonstrate, Observe, Assist and Perform**

**w.e.f. 1 Oct 2021 intermingled with I Professional Time Slot**

Date	0900-1000	1000-1100	1100-1200	1200-1300	1300-1400	1400-1500	1700-1900
1 Oct 2021	<p><u>OP</u></p> <p>1. Introductory Session</p> <p>Self-Introduction by students with 5 sentence narrative on:</p> <p>1. Why this profession? - by 20% students- 30 min</p> <p>2. Why this college? - by 20% students- 30 min</p> <p>3. What's road map ahead? - by 20% students- 30</p>			<p><u>OP</u></p> <p>1.</p> <p>Introductory Session</p> <p>Introduction of Faculty &amp; wardens- 30</p>	<p><u>OP</u></p> <p>1.</p> <p>Introductory Session</p> <p>Address by:</p> <p>i) I/C Academic- 30</p>	<p><u>OP</u></p> <p>1.</p> <p>Introductory Session</p> <p>Parents' Time- 1 hour</p>	<p><u>OP</u></p> <p>1.</p> <p>Introductory Session</p> <p>Time for Self-Development- 2 hour</p>

	<b>min</b> <b>4. Your goals? - by 20% students- 30 min</b> <b>5. What's your ultimate aim? - by 20% students- 30 min</b>  <b>With best narrative award for each category</b>	<b>min</b>	<b>min</b> <b>ii) HOD I phase subjects- 30 min</b>		
		<u><b>OP</b></u> <b>Address by Director- 30 min</b>			

Date	1300-1430	1430-1530	1700-1900
04 Oct 2021	<u><b>OP</b></u> <b>2. The Medical profession and the physician role in society</b>  Large group session -1 hour Video clips - 1 hour Role play- 1 hour		<u><b>OP</b></u> <b>1. Introductory Session</b>  Time for Self- Development- 2 hour
05 Oct2021	<u><b>OP</b></u> <b>3. The MBBS program</b>  Phase-1 program- large group session- 1 hour  Phase-2 program- large group session- 1 hour		<b>Sports- 1</b>

	Phase-3 program- large group session- 1 hour		
06 Oct 2021	<p><b><u>QP</u></b>  <b>4. Alternate health systems in the country and history of medicine :</b>  Large group session- 2 hour  Small group discussion- 1 hour</p>		Language and computer skills enhancement program ( <b>LACSEP</b> )- <b>1</b>
08 Oct 2021	<p><b><u>QP</u></b>  <b>5. Medical Ethics, attitude and professionalism :</b>  Large group session- 1 hour Role play- 1 hour  Group discussion- 1 hour</p>		<b>LACSEP- 2</b>
09 Oct 2021	<p><b><u>QP</u></b>  <b>6. Health care system and its Delivery :</b>  Large group session- 1 hour  Hospital visit- 1 hour</p>	<p><b><u>QP</u></b>  <b>5. Medical Ethics, attitude and professionalism :</b>  <b>Narrative writing- 1 hour</b></p>	<b>Sports- 2</b>
11 Oct 2021		<p><b><u>QP</u></b>  <b>7. National health priorities and policies :</b>  <b>Large group session- 2 hour</b>  <b>Narrative writing- 1 hour</b></p>	<b>LACSEP- 3</b>

12 Oct 2021		<p><u><b>QP</b></u></p> <p>7. National health priorities and policies :</p> <p><b>Large group session- 2 hour</b></p> <p><b>Narrative writing- 1 hour</b></p>	<b>LACSEP- 4</b>
13 Oct 2021		<p><u><b>QP</b></u></p> <p>8. Universal precautions and vaccination :</p> <p><b>Large group session- 1 hour</b></p> <p><b>Video clips- 1 hour</b></p> <p><b>Hands on training- 1 hour</b></p>	<b>Sports- 3</b>
14 Oct 2021		<p><u><b>QP</b></u></p> <p>8. Universal precautions and vaccination :</p> <p><b>Large group session- 1 hour</b></p> <p><b>Video clips- 1 hour</b></p> <p><b>Hands on training- 1 hour</b></p>	<b>LACSEP- 5</b>
16 Oct 2021		<p><u><b>QP</b></u></p> <p>8. Universal precautions and vaccination :</p> <p><b>Large group session- 1 hour</b></p> <p><b>Video clips- 1 hour</b></p> <p><b>Hands on training- 1 hour</b></p>	<b>LACSEP-6</b>

18oct 2021	<b><u>QP</u></b> <b>9. Patient safety and biohazard safety :</b> <b>Large group session- 2 hour Video clipping- 1 hour</b>	<b>ECA- 1</b>
19oct 2021	<b><u>QP</u></b> <b>9. Patient safety and biohazard safety</b> <b>:</b> <b>Large group session- 2 hour</b> <b>Video clipping- 1 hour</b>	<b>LACSEP- 7</b>
21oct 2021	<b><u>QP</u></b> <b>10. Principles of primary care :</b> <b>Large group session- 1 hour</b> <b>Small group discussion- 1 hour</b>	<b>Sports- 4</b>
22oct 2021	<b><u>QP</u></b> <b>11. The academic ambience :</b> <b>Large group session- 1 hour</b> <b>Narrative writing and</b> <b>discussion- 1</b> <b>hour</b>	<b>LACSEP- 8</b>
23 oct2021	<b><u>QP</u></b> <b>11. The academic ambience :</b> <b>Large group session- 1 hour</b> <b>Narrative writing and</b> <b>discussion- 1 hour</b>	<b>LACSEP-9</b>

25 oct 2021	<p><b><u>PDE</u></b></p> <p><b>1.1 What does it mean to be a doctor? :</b></p> <p><b>Exploratory session- 1 hour</b></p> <p><b>Facilitated panel discussion – 2 hours</b></p>	<b>Sports- 5</b>
26oct 2021	<p><b><u>PDE</u></b></p> <p><b>1.1 What does it mean to be a doctor?</b></p> <p><b>:</b></p> <p><b>Exploratory session- 1 hour</b></p> <p><b>Facilitated panel discussion – 2 hours</b></p>	<b>LACSEP- 10</b>
27oct 2021	<p><b><u>SD</u></b></p> <p><b>1. Language development module :</b></p> <p><b>Exploratory session- 1 hour</b></p> <p><b>Hands on training on writing skills- 1 hour</b></p> <p><b>Narrative writing, reflection and feedback- 1 hour</b></p>	<b>LACSEP- 11</b>
28 oct 2021	<p><b><u>SD</u></b></p> <p><b>1. Language development module :</b></p> <p><b>Exploratory session- 1 hour</b></p> <p><b>Hands on training on writing skills- 1 hour</b></p> <p><b>Narrative writing, reflection and feedback- 1 hour</b></p>	<b>ECA- 2</b>

29oct 2021		<p><b><u>SD</u></b></p> <p><b>1. Language development module :</b>  <b>Exploratory session- 1 hour</b>  <b>Hands on training on writing skills- 1 hour</b>  <b>Narrative writing, reflection and feedback- 1 hour</b></p>	<b>LACSEP- 12</b>
30oct 2021		<p><b><u>PDE</u></b></p> <p><b>1.1 What does it mean to be a doctor? : <b>SDL</b></b></p>	<b>LACSEP- 13</b>
02 nov 2021		<p><b><u>FV</u></b></p> <p><b>1. Visit to Agroha village and its Primary Health Centre :</b>  <b>Guided and demonstrative tour- 2 hour</b></p>	<b>Sports- 6</b>
03nov 2021		<p><b><u>PDE</u></b></p> <p><b>1.1 What does it mean to be a doctor?</b>  <b>Introductory visit to the hospital – 2 hours</b>  <b>Discussion and closure of case - 1 hour</b></p>	<b>LACSEP- 14</b>

06nov 2021		<u><b>PDE</b></u> <b>1.1 What does it mean to be a doctor?</b> <b>Introductory visit to the hospital</b> <b>– 2 hours</b> <b>Discussion and closure of case - 1 hour</b>	<b>Sports- 7</b>
08 nov2021		<u><b>PDE</b></u> <b>1.1 What does it mean to be a doctor?</b> <b>Introductory visit to the hospital</b> <b>– 2 hours</b> <b>Discussion and closure of case - 1 hour</b>	<b>LACSEP- 15</b>
09 nov2021		<u><b>SD</b></u> <b>2. Inter personal relationships skills :</b> <b>Exploratory session- 1 hour</b> <b>Movie clips- 1 hour</b> <b>Role play- 1 hour</b>	<b>LACSEP-16</b>
10 nov 2021	<u><b>SD</b></u> <b>2. Inter personal relationships skills :</b> <b>Exploratory session- 1 hour</b> <b>Movie clips- 1 hour</b> <b>Role play- 1 hour</b>	<b>ECA- 3</b>	



11nov 2021		<p><b><u>PDE</u></b></p> <p>1.2 What does it mean to be a patient? :</p> <p><b>Exploratory session - 2 hours</b></p> <p><b>SDL – 1 hour</b></p>	<b>LACSEP-17</b>
12nov 2021		<p><b><u>PDE</u></b></p> <p>1.2 What does it mean to be a patient? :</p> <p><b>Exploratory session - 2 hours</b></p> <p><b>SDL – 1 hour</b></p>	<b>LACSEP- 18</b>
13nov2021		<p><b><u>SD</u></b></p> <p>3. Communication skills :</p> <p><b>Movies clips-1 hour</b></p> <p><b>Hands on training on communication skills- 2 hour</b></p>	<b>Sports- 8</b>
15 nov2021		<p><b><u>SD</u></b></p> <p>3. Communication skills :</p> <p><b>Movies clips-1 hour</b></p> <p><b>Hands on training on communication skills- 2 hour</b></p>	<b>LACSEP- 19</b>
16 nov 2021		<p><b><u>PDE</u></b></p> <p>1.2 What does it mean to be a patient? :</p> <p><b>Hospital visit - 2 hours</b></p>	<b>LACSEP- 20</b>

17 nov 2021		<p><b><u>SD</u></b></p> <p>4. Learning including self-directed learning :</p> <p><b>Exploratory session-1 hour</b></p> <p><b>Small group discussion- 1 hour</b></p>	<p><b>Pandemic Management</b></p> <p><b>Module F.1</b></p> <p><b>History of Outbreaks, Epidemics &amp; Pandemics</b></p>
18 nov 2021		<p><b><u>SD</u></b></p> <p>4. Learning including self-directed learning :</p> <p><b>Exploratory session-1 hour</b></p> <p><b>Small group discussion- 1 hour</b></p>	
20 nov 2021		<p><b><u>PDE</u></b></p> <p>1.2 What does it mean to be a patient? :</p> <p><b>Discussion and closure of case - 2 hours</b></p>	
22 nov2021		<p><b><u>PDE</u></b></p> <p>1.3 The doctor-patient relationship :</p> <p><b>Large group session- 1 hour</b></p> <p><b>SDL- 2 hours</b></p>	

23 nov 2021		<p><b><u>PDE</u></b></p> <p><b>1.3 The doctor-patient relationship :</b></p> <p><b>Large group session- 1 hour SDL- 2 hours</b></p>	
25 nov 2021	<p><b><u>FV</u></b></p> <p><b>2. Visit to Community Centre :</b></p> <p><b>Guided and demonstrative tour- 2 hour</b></p>		
26 nov 2021		<p><b><u>SD</u></b></p> <p><b>4. Learning including self directed learning :</b></p> <p><b>Large group session- 1 hour</b></p> <p><b>Interactive discussion- 1 hour</b></p> <p><b>Reflection writing and discussion-1 hour</b></p>	
27nov 2021		<p><b><u>SD</u></b></p> <p><b>4. Learning including self directed learning :</b></p> <p><b>Large group session- 1 hour</b></p> <p><b>Interactive discussion- 1 hour</b></p> <p><b>Reflection writing and discussion-1 hour</b></p>	

29 nov 2021		<p><u><b>SD</b></u></p> <p>4. Learning including self directed learning :</p> <p><b>Large group session- 1 hour</b></p> <p><b>Interactive discussion- 1 hour</b></p> <p><b>Reflection writing and discussion-1 hour</b></p>	
30 nov 2021		<p><u><b>PDE</b></u></p> <p>1.3 The doctor-patient relationship : <b>Interactive discussions – 2 hours</b></p>	
01Dec 2021	<p><u><b>SD</b></u></p> <p>5. Time management : <b>Group discussion- 2 hour</b></p>		
02 Dec2021		<p><u><b>PDE</b></u></p> <p><u><b>PDE</b></u></p> <p>1.3 The doctor-patient relationship :</p> <p><b>Interactive discussions – 2 hours</b></p>	
03 Dec 2021		<p><u><b>PDE</b></u></p> <p>1.3 The doctor-patient relationship : <b>Discussion and closure – 2 hours</b></p> <p><b>FA- Written critique on “empathy in patient encounters” – 1 hour</b></p>	

04 Dec 2021		<u><b>PDE</b></u> <b>1.3 The doctor-patient relationship :</b> <b>Discussion and closure – 2 hours</b> <b>FA- Written critique on “empathy in patient encounters” – 1 hour</b>	
06 Dec 2021		<u><b>PDE</b></u> <b>1.3 The doctor-patient relationship :</b> <b>Discussion and closure – 2 hours</b> <b>FA- Written critique on “empathy in patient encounters” – 1 hour</b>	
07 Dec 2021	<u><b>SD</b></u> <b>5. Time management :</b> <b>Essay writing competition on time management- 2 hour</b> <b>Reflection and feedback- 1 hour</b>		
08 Dec 2021		<u><b>SD</b></u> <b>5. Time management :</b> <b>Essay writing competition on time management- 2 hour</b> <b>Reflection and feedback- 1 hour</b>	
09Dec 2021		<u><b>SD</b></u> <b>6. Stress Management :</b> <b>Hand on training on stress management- 2 hour</b>	

10 Dec 2021		<b><u>SD</u></b> <b>6. Stress Management :</b> <b>Hand on training on stress management- 2 hour</b>	
11Dec 2021		<b><u>PDE</u></b> <b>1.4 The foundations of communication – 1 :</b> <b>Large group session- 1 hours</b>	
13 Dec 2021		<b><u>PDE</u></b> <b>1.4 The foundations of communication – 1 :</b> <b>Large group session- 1 hours</b>	
14 Dec 2021		<b><u>PDE</u></b> <b>1.4 The foundations of communication – 1 :</b> <b>SDL – 1 hour</b> <b>Small group discussions – 2 hours</b>	
15 Dec 2021		<b><u>PDE</u></b> <b>1.4 The foundations of communication – 1 :</b> <b>SDL – 1 hour</b> <b>Small group discussions – 2 hours</b>	

16 Dec 2021		<u><b>SD</b></u> <b>6. Stress Management :</b> <b>Hands on training on stress management- 2 hour</b> <b>Video clips- 1 hour</b>	
17 Dec2021		<u><b>SD</b></u> <b>6. Stress Management :</b> <b>Hands on training on stress management- 2 hour</b> <b>Video clips- 1 hour</b>	
18Dec 2021		<u><b>SD</b></u> <b>6. Stress Management :</b> <b>Hands on training on stress management- 2 hour</b> <b>Video clips- 1 hour</b>	
20 Dec 2021	<u><b>PDE</b></u> <b>1.4 The foundations of communication – 1 :</b> <b>Discussion and closure – 2 hours</b>		
21 Dec 2021		<u><b>PDE</b></u> <b>1.5 The cadaver as our first teacher :</b> <b>Opening session- 2 hours</b>	

22 Dec 2021		<b><u>PDE</u></b> 1.5 The cadaver as our first teacher : <b>Opening session- 2 hours</b>	
23 Dec 2021		<b><u>EY</u></b> 3. Visit to Anganwadi : <b>Guided and demonstrative tour- 2 hour</b>	
24 Dec 2021		<b><u>EY</u></b> 3. Visit to Anganwadi : <b>Guided and demonstrative tour- 2 hour</b>	
25 Dec 2021		<b><u>SD</u></b> 7. Use of Information Technology : <b>Exploratory session- 1 hour</b> <b>Video clips- 1 hour</b>	
27 Dec 2021		<b><u>PDE</u></b> 1.5 The cadaver as our first teacher : <b>Closing session- 2 hours</b>	
28Dec 2021		<b><u>PDE</u></b> 1.5 The cadaver as our first teacher : <b>Closing session- 2 hours</b>	



29Dec 2021		<u><b>SD</b></u> 7. Use of Information Technology : <b>Hands on training on use of IT- 2 hour</b> <b>Feedback- 1 hour</b>	
30Dec 2021		<u><b>SD</b></u> 7. Use of Information Technology : <b>Hands on training on use of IT- 2 hour</b> <b>Feedback- 1 hour</b>	
31 Dec 2021		<u><b>SD</b></u> 7. Use of Information Technology : <b>Hands on training on use of IT- 2 hour</b> <b>Feedback- 1 hour</b>	
01 Jan2022	<u><b>PDE</b></u> <b>1.4 – 1.5</b> <b>FA- Reflection writing and discussion- 2 hours</b>		
03 Jan 2022		<u><b>SD</b></u> 8. First Aid : <b>DOAP- 3 hour</b>	
04 Jan 2022		<u><b>SD</b></u> 8. First Aid : <b>DOAP- 3 hour</b>	

05 Jan 2022		<u><b>SD</b></u> 8. First Aid <b>DOAP- 3 hour</b>	
06 Jan 2022		<u><b>SD</b></u> 9. Basic life support : <b>Video clips- 1 hour</b> <b>Reflection writing&amp; discussion- 1 hour</b>	
07 Jan 2022		<u><b>SD</b></u> 9. Basic life support : <b>Video clips- 1 hour</b> <b>Reflection writing&amp; discussion- 1 hour</b>	
08 Jan 2022	<u><b>SD</b></u> 9. Basic life support : <b>DOAP- 3 hour</b>		
10 Jan 2022		<u><b>FV</b></u> 4. Visit to Community Health Centre, Hisar : <b>Guided and demonstrative tour- 2 hour</b>	

11 Jan 2022		<b><u>FV</u></b> 4. Visit to Community Health Centre, Hisar : <b>Guided and demonstrative tour- 2 hour</b>	
12 Jan 2022		<b><u>OP</u></b> Formative Assessment: <b>Foundation Course: Reflection writing : 2 hour</b>	
13Jan 2022		<b><u>OP</u></b> Formative Assessment: <b>Foundation Course: Reflection writing : 2 hour</b>	
14 Jan 2022	<b><u>OP</u></b> Structured Feedback: <b>Foundation Course : 1 hour</b>	<b><u>OP</u></b> Discussion and Suggestions: <b>Foundation Course : 1 hour</b>	

<b>Program</b>	<b>Colour Code</b>	<b>Total Duration</b>
<b>Orientation Program</b>		<b>44 hour</b>
<b>Skill Development</b>		<b>38 hour</b>
<b>Professional Development including Ethics</b>		<b>35 hour</b>
<b>Field Visit</b>		<b>8 hour</b>
<b>Language and computer skills enhancement program</b>		<b>40 hour</b>
<b>Sports</b>		<b>16 hour</b>
<b>Extra Curricular Activity</b>		<b>6 hour</b>
<b><i>Foundation Course</i></b>		<b><i>187 hours</i></b>
<b>Pandemic Module</b>		<b>2 hour</b>

**Dr Lovesh Shukla**  
**Coordinator MEU**